

# You Can Impact Your Community's Health!

Your community has been selected as an area where health improvements and enhancements can be made through a process called the Community Health Assessment (CHA).

## What is a CHA?

A community-driven evaluation to better understand life and health for residents in your community. A CHA reviews the community conditions where people are born, live, play, work, and current age.

Your zip code can be more important than your genetic code.



## Benefits of a CHA

- Improves access to health and social services
- Enhances the health of the community
- Relieves or reduces burden of other community efforts through shared resources and collaboration
- Engages the community
- Provides funding (grant) opportunities



Contact your local CHA Planner for more information: \_\_\_\_\_

## Get Involved!

### **Be a part of the CHA team**

A core team, called The CHA Team, consists of community members and representatives from local organizations and agencies to help plan the assessment.

**No one organization within the community can address all the issues that affect health.**

### **Participate in a Community Assessment**

including focus groups, town halls, community meetings, and individual interviews.